

Sunday



Daily AM Activities

7:00-8:00 Meet & Greet
 8:00-9:00 Coffee & News
 8:30-10:00 Breakfast
 10:00-10:30 Morning Stretch
 10:30-11:00 Daily Chronicles
 11:00-11:30 Daily Themed Activity
 11:30-12:00 Active Games

Daily PM Activities

12:00-1:00 Lunch
 1:00-1:30 Cognitive Game
 1:30-2:30 Afternoon Activity
 2:30-3:00 Snack
 3:00-3:30 Afternoon Stretch
 3:30-4:30 Late Afternoon Activity
 4:30- 5:30 Independent Activities



Monday

Chair Dancing
Wine Glass Painting
 Balloon Volleyball
 Board Games
 The Music of Billie Holiday
 Famous April Birthdays

Morning Stretch
 Fill in the Blank
 Basketball
 Casino Games
 Scrabble
 April Jeopardy
 Sing a Long

Chair Dancing
 Crochet Group
 Balloon Volleyball
 Manicures
 Board Games
 Family Feud

Morning Stretch
 Crafter's Corner
 Basketball
 Holy Humor
 Scrabble
Walking Club

Tuesday

Chair Exercise
 Funniest Pranks Ever
 Bunny Bowling
 Fact or Foolery
 Dominoes
 Arts & Crafts

Seated Workout
 Bingo
Walking Club
 Dominoes
 Bunny Bowling
 Manicures
 Baking Group

Chair Exercise
 Jackie Robinson Day
 Bunny Bowling
 Dominoes
 Remembering the Titanic
 Brain Teasers

Shopping Trip to Dollar Tree
 Seated Workout
Entertainment with Craig Satchell
Canvas Painting
 Bunny Bowling

Chair Exercise
 Crochet Group
 Line Dancing
 Bunny Bowling
 Dominoes
 Willie Nelson Music Hour

Wednesday

Stretch & Relaxation
 April Facts & Fun
 Card Games
 Basket Bean Bag Toss
 Category Game
 PB&J Snacks

Lunch Trip to Perkins
 Meditation
 Spring Planting
 Baseball Toss Game
 Card Games
 Crochet Group
 Sing a Long

Stretch & Relaxation
 Humor: Charlie Chaplin
 Card Games
 Basket Bean Bag Toss
Walking Club
 The Music of Henry Mancini

Meditation
Jewelry Making
 Baseball Toss Game
 Baseball Trivia
Phillies Game (1:10pm)
Ballpark Snacks

Stretch & Relaxation
 Participant Council
 Card Games
 Basket Bean Bag Toss
 Name that Tune
 Word Mining

Thursday

Movement to Music
 Pokeno
 Cornhole
 Phillies Game (1:05pm)
 Jigsaw Puzzles
 Remembering Doris Day

Take Out Lunch- Hoagies
 Chair Aerobics
 Word Puzzles
 Famous Siblings
 Rabbit Ears Ring Toss
 Name Five

Lunch Trip to Salad Bowl
 Movement to Music
 Pokeno
 Cornhole
 Jigsaw Puzzles
 Easter Crafts
 Phillies Game (4:05pm)

Day at the Soda Fountain
 Chair Aerobics
 Hula Hoop Games
 1950s Trivia
 Ice Cream Soda Making
 1950a Sing a Long

Friday

Lunch Trip to Subway
 Chair Yoga
 Bingo
 Big Dice Games
 Crochet Group
 The Life of Maya Angelou

Sit & Be Fit
 Spring Crafts
 Bingo
 Egg Drop Game
Entertainment with Tony Pizzi
 Adult Coloring Pages

Chair Yoga
 Bingo
 Big Dice Games
 Good Friday Reflections
 "Egg"cellent Games
 Baking Club

Sit & Be Fit
 Bingo
Walking Club
 Adult Coloring Pages
 Egg Drop Game
 Phillies Game (2:20pm)

Saturday



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Calendar Subject to Change

April 2025 Activities Calendar