

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>July 2025</div> <div>Activities Calendar</div>		<div>1</div> <div>Seated Workout Bingo Bowling Crochet Group Dominoes International Joke Day Canada Facts & Fun</div> <div>Canada Day</div>	<div>2</div> <div>Meditation Fill in the Blank Baseball Toss Game Card Games Phillies Game (1:05 pm) Manicures Soft Pretzel Snack</div>	<div>3</div> <div>Celebrate The USA! Chair Aerobics Patriotic Crafts Stars & Stripes Ring Toss Independence Day Trivia Special Holiday Lunch Red, White & Blue Treats 4th of July Songs</div>	<div>4</div> <div>Center Closed for Holiday</div> <div></div> <div>Independence Day (US)</div>	<div>5</div> <div></div>
<div>6</div> <div></div>	<div>7</div> <div>Morning Stretch Lucky Seven Day Basketball Summer Crafts Board Games Walking Club Beatles Songs Sing a Long Melon Treats</div>	<div>8</div> <div>Chair Exercise Slots Ball Horse Racing Current Events Ice Cream Sandwich Social</div>	<div>9</div> <div>Stretch & Relaxation Card Games Travel to Argentina Golf Game Phillies Game (3:45) Brain Teasers Sugar Cookie Making</div>	<div>10</div> <div>Movement to Music Entertainment with Jeff Corbett Pokeno Full Moon Fever Cornhole July Facts & Fun</div>	<div>11</div> <div>Chair Yoga Bingo Big Dice Games Hangman Family Feud Adult Coloring Pages Ice Cream Sundae Social</div>	<div>12</div> <div>Stephanie Malloy Activities Director</div> <div>smalloy@sarahpa.com</div> <div>215-999-1200 Ext. 112</div>
<div>Daily AM Activities</div> <div>13</div> <div>7:00-8:00 Meet & Greet 8:00-9:00 Coffee & News 8:30-10:00 Breakfast 10:00-10:30 Morning Stretch 10:30-11:00 Daily Chronicles 11:00-11:30 Daily Themed Activity 11:30-12:00 Active Games</div>	<div>14</div> <div>Chair Dancing Bastille Day Trivia Volleyball Armchair Travel to France Walking Club Board Games Canvas Painting</div>	<div>15</div> <div>Take-Out Lunch-Chinese Food Seated Workout Bingo Bowling You Be the Judge Dominoes</div>	<div>16</div> <div>*Trip to Nifty Fifty's* Meditation Card Games Hula Hoop Games Name that 1950s Tune Crochet Group Fresh Fruit Salad Making</div>	<div>17</div> <div>*Lunch in the Garden* Chair Aerobics Disney Trivia Ring Toss Manicures Puzzles Popsicle Social</div>	<div>18</div> <div>Sit & Be Fit Bingo Famous July Birthdays Lawn Darts Adult Coloring Pages Arts & Crafts Remembering Nelson Mandela</div>	<div>19</div> <div></div>
<div>Daily PM Activities</div> <div>20</div> <div>12:00-1:00 Lunch 1:00-1:30 Cognitive Game 1:30-2:30 Afternoon Activity 2:30-3:00 Snack 3:00-3:30 Afternoon Stretch 3:30-4:30 Late Afternoon Activity 4:30- 5:30 Independent Activities</div>	<div>21</div> <div>Morning Stretch Black & White Day Basketball Board Games Robin Williams Movie Matinee Category Game</div>	<div>22</div> <div>Chair Exercise July Jeopardy Slots Ball Dominoes Never Have I Ever Summer Song Sing a Long</div>	<div>23</div> <div>Stretch & Relaxation Card Games Cranium Crunches Creative Arts Walking Club Golf Game Ice Cream Cone Snacks</div>	<div>24</div> <div>Movement to Music Pokeno Cornhole Jigsaw Puzzles Wine Glass Painting The Music of Motown Watermelon Wedges Snack</div>	<div>25</div> <div>Celebrate Xmas in July! Christmas in July Bingo Red & Green Trivia Holiday Song Sing a Long Snow Cone Making</div>	<div>26</div> <div>*Calendar Subject to Change*</div>
<div>27</div> <div></div>	<div>28</div> <div>*Lunch in the Garden* Chair Dancing Blue Monday Balloon Volleyball Jewelry Making Blueberry Treats</div>	<div>29</div> <div>Seated Workout Bingo Bowling Manicures Dominoes Crafter's Corner Pineapple Treats</div>	<div>30</div> <div>Meditation Participant Council Paul Anka Music Hour Baseball Toss Game Phillies Game (2:10) Card Games Walking Club</div>	<div>31</div> <div>*Shopping Trip to Dollar Tree* Chair Aerobics Name Five Ring Toss Puzzles Would You Rather?</div>	<div>SarahCare[®]</div> <div>Adult Day Care Center</div>	