

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>October 2025</div> <div>SarahCare[®]</div> <div>Adult Day Care Center</div>			<div>1</div> <div>Stretch & Relaxation Yom Kippur Discussion Pumpkin Bean Bag Toss October Facts & Fun Card Games Julie Andrews Music Hour Milkshake Making</div> <div>Yom Kippur Begins</div>	<div>2</div> <div>Movement to Music Famous October Birthdays Pokeno Witch Hat Toss Game Walking Club Fall Crafts</div> <div></div>	<div>3</div> <div>Red October Pep Rally! Chair Yoga Homerun Bingo Baseball Toss Game Adult Coloring Pages Phillies Trivia</div>	<div>4</div> <div></div>
<div>5</div> <div></div>	<div>6</div> <div>Lunch in the Garden Chair Dancing Volleyball Crochet Group Board Games Full Moon Fever What is Sukkot?</div> <div>Sukkot Begins</div>	<div>7</div> <div>Seated Workout Bingo Candy Corn Bowling Remembering American Bandstand October Jeopardy Dominoes</div> <div></div>	<div>8</div> <div>Lunch Trip- Olive Garden Meditation Card Games Walking Club Pumpkin Bean Bag Toss Category Game Would You Rather?</div>	<div>9</div> <div>Oktoberfest Day! Chair Aerobics Live Entertainment Witch Hat Toss Game Root Beer & Pretzels German Words We Adopted Travel Club to Germany</div>	<div>10</div> <div>Breast Cancer Awareness Day Sit & Be Fit Pink Bingo Lawn Darts Adult Coloring Pages Perfect Ten Trivia</div> <div></div>	<div>11</div> <div>Stephanie Malloy Activities Director smalloy@sarahpa.com 215-999-1200 Ext. 112</div>
<div>12</div> <div>Daily AM Activities 7:00-8:00 Meet & Greet 8:00-9:00 Coffee & News 8:30-10:00 Breakfast 10:00-10:30 Morning Stretch 10:30-11:00 Daily Chronicles 11:00-11:30 Daily Themed Activity 11:30-12:00 Active Games</div>	<div>13</div> <div>Morning Stretch Basketball The Life of Christopher Columbus Celebrate Indigenous Peoples' Day The Music of Paul Simon Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)</div>	<div>14</div> <div>Chair Exercise Dominoes Candy Corn Bowling Walking Club You Be the Judge Remembering William Penn Caramel Apple Cake Baking Simchat Torah Begins</div>	<div>15</div> <div>Take Out Lunch- Wings Stretch & Relaxation Creative Arts Pumpkin Bean Bag Toss Card Games Crochet Group</div>	<div>16</div> <div>Lunch Trip to Chick Fil A Movement to Music Pokeno Famous Bosses Witch Hat Toss Game Horse Racing</div>	<div>17</div> <div>Chair Yoga Bingo Big Dice Games Adult Coloring Pages Hollywood Squares Lifelong Learning: National Geographic</div>	<div>18</div> <div></div>
<div>19</div> <div>Daily PM Activities 12:00-1:00 Lunch 1:00-1:30 Cognitive Game 1:30-2:30 Afternoon Activity 2:30-3:00 Snack 3:00-3:30 Afternoon Stretch 3:30-4:30 Late Afternoon Activity 4:30- 5:30 Independent Activities</div>	<div>20</div> <div>Chair Dancing Volleyball Learn about Diwali Board Games Spooky Jewelry Making Walking Club</div> <div></div>	<div>21</div> <div>Lunch in the Garden Seated Workout Bingo Candy Corn Bowling Halloween Crafts Dominoes Crochet Group</div>	<div>22</div> <div>Jenkintown Library Event Meditation Card Games Participant Council Pumpkin Bean Bag Toss Fill in the Blank</div>	<div>23</div> <div>Chair Aerobics Canvas Painting Witch Hat Toss Game Puzzles Sing a Long Baking Pumpkin Treats</div> <div></div>	<div>24</div> <div>Shopping Trip to Dollar Tree Sit & Be Fit Bingo Family Feud Lawn Darts Adult Coloring Pages World Series Trivia</div>	<div>25</div> <div>*Calendar Subject to Change*</div>
<div>26</div> <div></div>	<div>27</div> <div>Morning Stretch Basketball Etiquette Day Board Games Crafter's Corner Brain Teasers Making Pizza Bagels</div>	<div>28</div> <div>Chair Exercise Candy Corn Bowling Finishing Lines Dominoes Ceramic Pumpkin Painting Unscramble the Words</div>	<div>29</div> <div>Stretch & Relaxation Name that Tune Pumpkin Bean Bag Toss Hangman Card Games Word Mining</div> <div></div>	<div>30</div> <div>Movement to Music Pokeno Crochet Group Witch Hat Toss Game Name Five Halloween Humor</div> <div></div>	<div>31</div> <div>Halloween Party Chair Yoga Scary Song Sing a Long Spooky Bingo Big Dice Games Name that Movie Monster Halloween</div>	<div></div>