

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>DECEMBER</div>	<div>1</div> <div>Chair Dancing December Facts & Fun Reindeer Games Current Events Board Games Making Peppermint Snacks</div>	<div>2</div> <div>Seated Workout Reminiscing- Toys of the Past Snowman Bowling Dominoes Classic Toys Picture Bingo Brain Teasers</div>	<div>3</div> <div>Meditation Holiday Card Games Marshmallow Toss Snowflake Craft Armchair Travel- Chicago Andy Williams Music Hour</div> <div></div>	<div>4</div> <div>Chair Aerobics Puzzles Penguin Plinko Famous December Birthdays Fill In the Blank Dice Games</div>	<div>5</div> <div>*Lunch Trip to Applebee's* Chair Yoga Ornament Bingo Gingerbread Disc Toss Adult Coloring Pages The Music of the Gershwin Brothers</div>	<div>6</div> <div>Stephanie Malloy Activities Director smalloy@sarahpa.com 215-999-1200 Ext. 112</div>
<div>7</div> <div>Daily AM Activities 7:00-8:00 Meet & Greet 8:00-9:00 Coffee & News 8:30-10:00 Breakfast 10:00-10:30 Morning Stretch 10:30-11:00 Daily Chronicles 11:00-11:30 Daily Themed Activity 11:30-12:00 Active Games</div>	<div>8</div> <div>Eagles Monday! Moring Stretch Family Feud Reindeer Games Board Games Holiday Humor Tailgate Snacks</div>	<div>9</div> <div>Chair Exercise Dominoes Snowman Bowling Unscramble the Words Holiday Card Craft Hot Cocoa Social</div> <div></div>	<div>10</div> <div>Stretch & Relaxation Holiday Card Games Marshmallow Toss Winter Word Games Holiday Hangman Baking Cookies</div> <div></div>	<div>11</div> <div>*Lunch Trip to Wendy's* Movement to Music Pokeno Penguin Plinko Winter Crafts Category Game</div>	<div>12</div> <div>Sit & Be Fit Bath & Body Bingo Wine Glass Painting Gingerbread Disc Toss Twelve Days of Christmas Adult Coloring Pages</div> <div></div>	<div>13</div> <div></div>
<div>14</div> <div>Daily PM Activities 12:00-1:00 Lunch 1:00-1:30 Cognitive Game 1:30-2:30 Afternoon Activity 2:30-3:00 Snack 3:00-3:30 Afternoon Stretch 3:30-4:30 Late Afternoon Activity 4:30- 6:00 Independent Activities Hanukkah Begins</div>	<div>15</div> <div>Chair Dancing Hannukah Craft Festival of Lights Facts & Fun Reindeer Games Board Games Potato Latke Making</div>	<div>16</div> <div>Seated Workout Dominoes Holiday Gift Bingo Snowman Bowling Wacky Words December Jeopardy</div> <div></div>	<div>17</div> <div>*Shopping Trip to Dollar Tree* Meditation Holiday Card Games Marshmallow Toss Name that Christmas Carol Canvas Painting Participant Council</div>	<div>18</div> <div>Chair Aerobics Puzzles Penguin Plinko Reindeer Racing Family Holiday Party with Andy & Irene Duo Holiday Treats</div>	<div>19</div> <div>Ugly Sweater Day Chair Yoga Ugly Sweater Bingo Gingerbread Disc Toss Holiday Hollywood Squares Adult Coloring Pages</div> <div></div>	<div>20</div> <div>*Calendar Subject to Change*</div>
<div>21</div> <div></div> <div>Winter Begins</div>	<div>22</div> <div>Moring Stretch Holiday Bracelet Making Reindeer Games The Story Behind the Carols Board Games Burl Ives Holiday Music Hour</div>	<div>23</div> <div>Chair Exercise Dominoes Christmas Music Trivia Snowman Bowling Ornament Making Name Five</div> <div></div>	<div>24</div> <div>Stretch & Relaxation Sounds of the Season Holiday Card Games Special Holiday Meal Marshmallow Toss Christmas Movie Trivia Egg Nog Social</div>	<div>25</div> <div>Center Closed for Holiday</div> <div></div> <div>Christmas</div>	<div>26</div> <div>Sit & Be Fit Calendar Bingo Gingerbread Disc Toss You Be the Judge Adult Coloring Pages Movie Matinee</div> <div>Boxing Day (Canada) Kwanzaa Begins</div>	<div>27</div> <div></div>
<div>28</div> <div></div>	<div>29</div> <div>Chair Dancing Tribond Reindeer Games Never Have I Ever New Years' Craft Board Games</div>	<div>30</div> <div>*Chinese Take Out Lunch* Seated Workout Bingo Dominoes Snowman Bowling Health & Wellness</div>	<div>31</div> <div>Meditation Year in Review Holiday Card Games Funny New Years' Resolutions Marshmallow Toss New Years' Party with Jeff Corbett</div> <div>New Year's Eve</div>	<div>December 2025</div> <div>SarahCare®</div> <div>Adult Day Care Center</div>		