

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1</p>	<p>2</p> <p>Morning Stretch Dr. Seuss for Adults Volleyball Board Games Purim Fun Harry Belafonte Music Hour</p> <p>Purim Begins</p>	<p>3</p> <p>Chair Exercise Full Moon Fever Holi- Festival of Colors Bunny Bowling Armchair Travel- Florida Dominoes Creative Arts</p>	<p>4</p> <p>*Shopping Trip to Dollar Tree* Stretch & Relaxation Canvas Painting Leprechaun Plinko March Facts & Fun Card Games</p>	<p>5</p> <p>Movement to Music Pokeno Baseball Bean Bag Toss Cookie Baking Puzzles Crochet Group The Life & Music of Patsy Cline</p>	<p>6</p> <p>Sit & Be Fit Bingo Lawn Darts Comedy- Abbitt & Costello Famous March Birthdays Adult Coloring Pages</p>	<p>7</p> <p>Stephanie Malloy Activities Director smalloy@sarahpa.com 215-999-1200 Ext. 112</p>
<p>8</p>	<p>9</p> <p>Chair Dancing Jewelry Making Volleyball Women Trailblazers If at First You Don't Succeed Board Games</p>	<p>10</p> <p>Seated Workout Bingo Bunny Bowling Wacky Words Name that Tune Dominoes</p>	<p>11</p> <p>Meditation Nutrition Month Discussion Leprechaun Plinko Crochet Group Pasta Salad Making Card Games</p>	<p>12</p> <p>*Lunch Trip to Nifty Fifty's* Chair Aerobics Remembering Alfred Hitchcock Baseball Bean Bag Toss Finishing Lines Puzzles</p>	<p>13</p> <p>Chair Yoga Lucky Bingo Big Dice Games Live Irish Music with the Malarkey Brothers Duo Lucky Crafts Adult Coloring Pages</p>	<p>14</p> 
<p>Daylight Saving Time Begins</p> <p>Daily AM Activities 15</p> <p>7:00-8:00 Meet & Greet 8:00-9:00 Coffee & News 8:30-10:00 Breakfast 10:00-10:30 Morning Stretch 10:30-11:00 Daily Chronicles 11:00-11:30 Daily Themed Activity 11:30-12:00 Active Games</p>	<p>16</p> <p>Morning Stretch Academy Award Songs Volleyball Hollywood Trivia Crochet Group Board Games</p>	<p>17</p> <p>Happy St. Paddy's Day! Chair Exercise Shamrock Crafts It Ain't Easy Being Green Truth or Blarney Funny Limericks & Irish Toasts Shamrock Shake Making</p> <p>St. Patrick's Day</p>	<p>18</p> <p>Stretch & Relaxation Wine Glass Painting Leprechaun Plinko Arts & Crafts Cranium Crunches Card Games</p>	<p>19</p> <p>Movement to Music Pokeno Baseball Bean Bag Toss Current Events Brain Teasers Puzzles</p>	<p>20</p> <p>*Lunch Trip to Chick-fil-A* Sit & Be Fit Spring Bingo Lawn Darts Flower Planting Adult Coloring Pages</p> <p>Spring Begins</p>	<p>21</p> <p>*Calendar Subject to Change*</p>
<p>Daily PM Activities 22</p> <p>12:00-1:00 Lunch 1:00-1:30 Cognitive Game 1:30-2:30 Afternoon Activity 2:30-3:00 Snack 3:00-3:30 Afternoon Stretch 3:30-4:30 Late Afternoon Activity 4:30- 6:00 Independent Activities</p>	<p>23</p> <p>Chair Dancing Category Game Volleyball Horse Racing March Jeopardy Board Games</p>	<p>24</p> <p>*Lunch Trip to Shake Shack* Seated Workout Bingo Bunny Bowling Crochet Group Dominoes</p>	<p>25</p> <p>Take Out Lunch- Tacos Meditation Tribond Leprechaun Plinko Aretha Franklin Music Hour Word Mining Participant Council Card Games</p>	<p>26</p> <p>*Phillies Day* Chair Aerobics MLB Trivia Baseball Bean Bag Toss Puzzles Spring Crafts Ballpark Snacks</p>	<p>27</p> <p>Chair Yoga Bingo Big Dice Games Hangman Peanut Butter Treats Adult Coloring Pages</p>	<p>28</p> 
<p>29</p>  <p>Palm Sunday</p>	<p>30</p> <p>Morning Stretch Crafter's Corner Unscramble the Words Volleyball Hollywood Squares Board Games</p>	<p>31</p> <p>Chair Exercise Women's History Bingo Bunny Bowling Name Five Would You Rather? Dominoes</p>				