

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

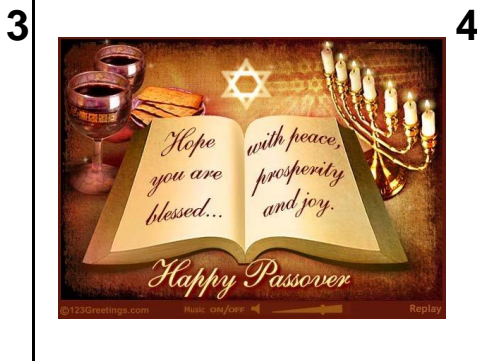
# April 2026

## Activities Calendar

1  
Stretch & Relaxation  
**April Fool's Jokes**  
Bunny Bowling  
**Special Holiday Lunch**  
**Phillies Game (1:05pm)**  
**Passover Discussion**  
All Fools' Day  
Passover Begins

2  
Movement to Music  
Pokeno  
Baseball Bean Bag Toss  
**Craft- Autism Awareness Pins**  
Puzzles  
**PB&J Snacks**

3  
Sit & Be Fit  
Bingo  
**Easter Egg Games**  
**Canvas Painting**  
**Bunny Funnies**  
Adult Coloring Pages



5  
Chair Dancing  
April Facts & Fun  
Basketball  
Crafter's Corner  
Hollywood Squares  
Board Games  
**Baking Group**

6  
**Lunch Trip to Applebee's**  
Seated Workout  
Bingo  
Egg Basket Toss  
Dominoes  
The Music of Billie Holiday

7  
Meditation  
April Jeopardy  
Family Feud  
Tribond  
Bunny Bowling  
**Phillies Game (3:45 pm)**  
Card Games

8  
Chair Aerobics  
Math Games  
Baseball Bean Bag Toss  
Famous April Birthdays  
Name that Tune  
Puzzles  
Sing a Long

9  
Chair Yoga  
Bingo  
Big Dice Games  
Famous Siblings  
Crossword Puzzles  
Adult Coloring Pages  
Walking Club

10  
**Stephanie Malloy**  
Activities Director  
  
smalloy@sarahpa.com  
  
215-999-1200  
Ext. 112

11  
Daily AM Activities  
7:00-8:00 Meet & Greet  
8:00-9:00 Coffee & News  
8:30-10:00 Breakfast  
10:00-10:30 Morning Stretch  
10:30-11:00 Daily Chronicles  
11:00-11:30 Daily Themed Activity  
11:30-12:00 Active Games

12  
Morning Stretch  
Scrabble  
Volleyball  
Wacky Words  
Current Events  
Board Games  
Walking Club

13  
Chair Exercise  
Brain Teasers  
Ball Toss  
Would You Rather?  
**Entertainment with Joe Caristo (1:30 pm)**  
Dominoes

14  
Stretch & Relaxation  
**Jewelry Making**  
Bunny Bowling  
Jackie Robinson Day  
Card Games  
Roberta Flack Music Hour  
**Cooking Club**

15  
**Lunch Trip to Subway**  
Movement to Music  
Pokeno  
Baseball Bean Bag Toss  
Finishing Lines  
Health & Wellness- Stress Busters  
Puzzles

16  
**Take-Out Lunch- Wings & Fries**  
Sit & Be Fit  
Bingo  
Lawn Darts  
Creative Arts  
Adult Coloring Pages



17  
Daily PM Activities  
12:00-1:00 Lunch  
1:00-1:30 Cognitive Game  
1:30-2:30 Afternoon Activity  
2:30-3:00 Snack  
3:00-3:30 Afternoon Stretch  
3:30-4:30 Late Afternoon Activity  
4:30- 6:00 Independent Activities

18  
Chair Dancing  
Boston Travel Club  
Volleyball  
Category Game  
Horse Racing  
Board Games  
Never Have I Ever

19  
Seated Workout  
Bingo  
Egg Basket Toss  
Spring Crafts  
Dominoes  
Sing a Long  
Reminiscing

20  
Meditation  
Earth Day Discussion  
Bunny Bowling  
Unscramble the Words  
Jack Nicholson Movie  
Matinee  
Walking Club  
Earth Day  
Administrative Professionals Day

21  
Chair Aerobics  
New Orleans Jazz Music Hour  
Baseball Bean Bag Toss  
**Phillies Game (2:20 pm)**  
Puzzles  
Remembering Shirley Temple

22  
**Shopping Trip to Dollar Tree**  
Chair Yoga  
Bingo  
Big Dice Games  
**Ice Cream Soda Social**  
Adult Coloring Pages  
Arbor Day

23  
**\*Calendar Subject to Change\***



24  
Morning Stretch  
Wine Glass Painting  
Volleyball  
**Entertainment by Jeff Corbett (1:30 pm)**  
Remembering Babe Ruth  
Board Games

25  
Chair Exercise  
Superhero Day  
Ball Toss  
Name Five  
Dominoes  
**Blueberry Crumble Making**

26  
**Lunch Trip to Michael's**  
Stretch & Relaxation  
**Participant Council**  
Bunny Bowling  
Arts & Crafts  
Card Games

27  
Movement to Music  
Pokeno  
Baseball Bean Bag Toss  
Tribond  
**Phillies Game (1:05 pm)**  
**Ballpark Snacks**  
Puzzles  
Walking Club

