

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

1
 Patriotic Marching & Flag Waving
 Guess the Founding Father
 Stars & Stripes Toss
 Patriotic Song Sing a Long
 Card Games
Red, White & Blue
Treats
Canada Day

2
 Patriotic Crafts
 Guess the U.S. State
 Stars & Stripes Bingo
 Hot Dog Holiday Meal
Happy 250th Birthday, America
Party with Live Entertainment by Jerry Trecroce

3
 Center Closed for Holiday


4

 Independence Day (U.S.)



5
Trip to Nifty Fifty's
 Morning Stretch
 July Facts & Fun
 Volleyball
 Phillies Game (2:10pm)
 Board Games
Melon Social

7
Lucky 7 Day
 Chair Exercise
 Casino Games
 Walking Club
 Carnival Ball Toss
 Horse Racing
 Dominoes

8
 Stretch & Relaxation
 Colorful Characters Trivia
 Stars & Stripes Toss
 Summer Crafts
 Wacky Words
 Card Games
Coca Cola Social

9
 Movement to Music
 Pokeno
 Skee ball
 Travel Club- Scotland
 Puzzles
 Tom Hanks Movie Matinee
Popsicle Social

10
Lunch in the Garden
 Sit & Be Fit
 Bingo
 Ring the Bottle
 Wine Glass Painting
 Adult Coloring Pages
Blueberry Bread Baking

11
Daily AM Activities
 7:00-8:00 Meet & Greet
 8:00-9:00 Coffee & News
 8:30-10:00 Breakfast
 10:00-10:30 Morning Stretch
 10:30-11:00 Daily Chronicles
 11:00-11:30 Daily Themed Activity
 11:30-12:00 Active Games

12
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13
 Chair Dancing
 Family Feud
 Balloon Volleyball
 Remembering Milton Berle
 The Music of Rodgers & Hammerstein
 Board Games

14
 Seated Workout
 Bingo
 Carnival Ball Toss
All Star Games
Baseball Craft
 Dominoes
Fruit Salad Making
Bastille Day

15
Shopping Trip to Dollar Tree
 Meditation
 Famous July Birthdays
 Stars & Stripes Toss
 Gladys Knight Music Hour
 Card Games
Snow Cone Making

16
 Chair Aerobics
 July Jeopardy
 Skee ball
 Current Events
 Walking Club
 Remembering Ginger Rogers
 Puzzles

17
 Chair Yoga
 Bingo
 Ring the Bottle
 Crafter's Corner
 The Comedy of Phyllis Diller
 Adult Coloring Pages

18
Daily PM Activities
 12:00-1:00 Lunch
 1:00-1:30 Cognitive Game
 1:30-2:30 Afternoon Activity
 2:30-3:00 Snack
 3:00-3:30 Afternoon Stretch
 3:30-4:30 Late Afternoon Activity
 4:30- 6:00 Independent Activities

19
Calendar Subject to Change

20
 Morning Stretch
 Brain Teasers
 Volleyball
 Positive Thinking
 Walking Club
 Board Games
Ice Cream Cone Social

21
Trip to Saladworks
 Chair Exercise
 Carnival Ball Toss
 Finishing Lines
 Creative Arts
 Robin Williams Movie Matinee
 Dominoes

22
 Stretch & Relaxation
Canvas Painting
 Stars & Stripes Toss
 Word Mining
Entertainment with Frank Ewing (1:30 pm)
 Card Games

23
Lunch in the Garden
 Movement to Music
 Pokeno
 Skee ball
 Hollywood Squares
 Puzzles
Snow Cone Making

24
Christmas in July Day!
 Sit & Be Fit
 Christmas Bingo
 Snowman Bowling
 Holiday Song Sing a Long
 Red & Green Crafts
 Cookie Baking

25

Christmas in JULY



26
 Chair Dancing
 Arts & Crafts
 Balloon Volleyball
 Fill in the Blank
 Name that Tune
 You be the Judge
 Board Games

28
 Seated Workout
 Bingo
 Carnival Ball Toss
Jewelry Class
 Hangman
 Dominoes
Milkshake Making

29
Let's Go Phillies!
 Meditation
 Participant Council
 Stars & Stripes Toss
 Category Game
Phillies Game (12:10pm)
Ballpark Snacks
 Card Games

30
 Chair Aerobics
 Tribond
 Skee ball
 Unscramble the Words
 Puzzles
 Paul Anka Music Hour
Watermelon Wedges

31
Trip to Miller Ale House
 Chair Yoga
 Bingo
 Ring the Bottle
 Walking Club
 Summer Song Sing a Long
 Adult Coloring Pages

